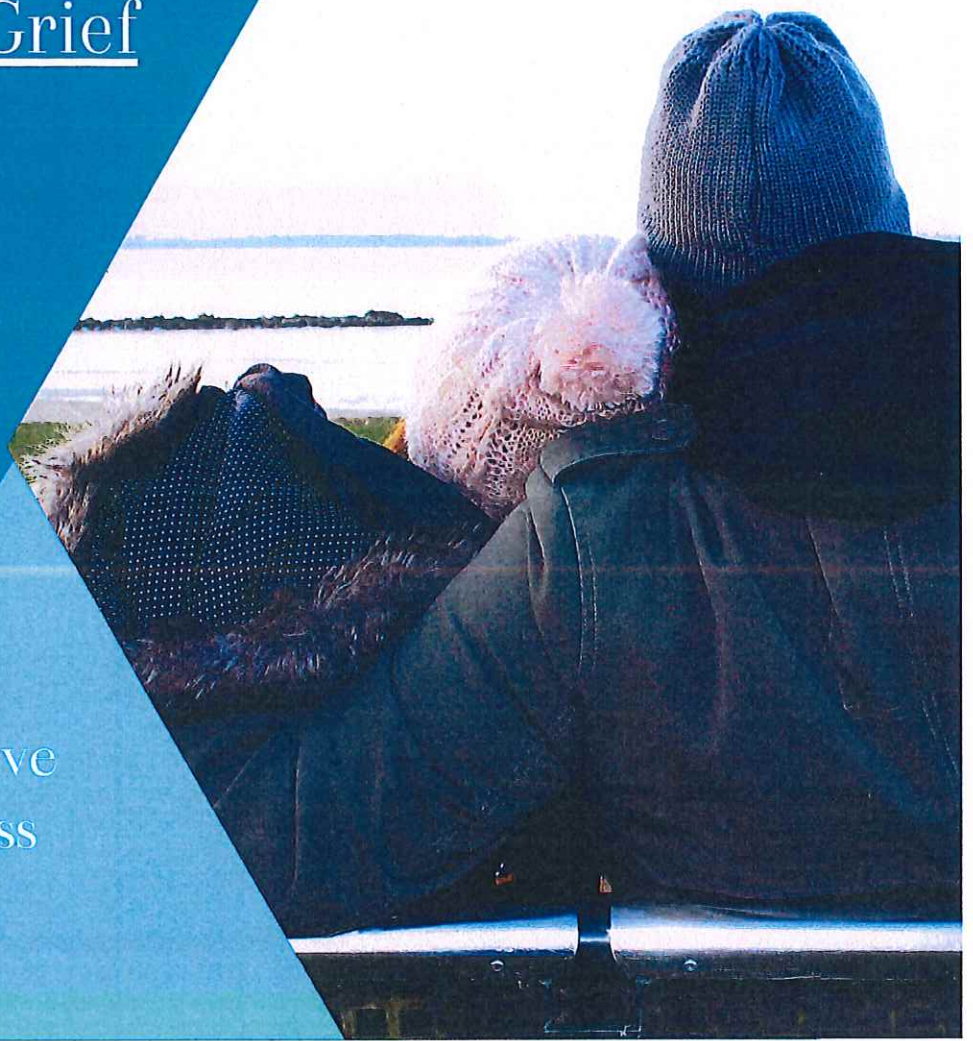


Understanding Grief

Webinar

2nd Wednesday
of every
Month

For Adults who have
experienced a Loss



An opportunity to explore helpful strategies as well as important ideas and practices to keep in mind on your grief journey

Zoom webinar will be led by VNAHG Bereavement Counselor: Sharon Coyle-Saeed, MSW, LSW, Advanced Grief Recovery Specialist and trained in Practice Focused Prolonged Grief Therapy

To register please contact,

Sharon at: 732-491-7277

Participants will also be provided with helpful resources and options for ongoing bereavement services offered by VNAHG