

Urinary Catheter Management

GREEN ZONE	<p>ALL CLEAR (GOAL)</p> <ul style="list-style-type: none"> • Urine is clear yellow without any odor • At least ¼ cup (60 cc) urine every hour or _____ • No signs of infection near or at catheter exit site <ul style="list-style-type: none"> ○ Pain, itching, burning, and/or draining 	<p>Doing Great!</p> <ul style="list-style-type: none"> • Your symptoms are under control • Actions: <ul style="list-style-type: none"> ○ Continue with good personal hygiene care ○ Keep catheter secured ○ Clean and/or change the catheter bags and tubing as instructed ○ Keep bag hanging below the bladder ○ Keep all doctor appointments
YELLOW ZONE	<p>WARNING</p> <p>If you have <u>any</u> of the following:</p> <ul style="list-style-type: none"> • Signs of infection: <ul style="list-style-type: none"> ○ Urine is cloudy and/or has an odor ○ Blood in your urine ○ Pain, itching, burning, and/or drainage near or at the catheter exit site ○ Temperature is a 100.5° by mouth ○ Color of urine is dark and looks like tea ○ Pain and/or feeling of bladder fullness in the lower part of your belly • Urine is leaking; wet bed and/or clothes • A feeling of bladder fullness and/or little or no urine in the drainage bag • Catheter has fallen out 	<p>Act Today! Call VNA</p> <ul style="list-style-type: none"> • Call VNA Home Health: 1800-862-3330 • After discharge from home health services on __/__/__ call your doctor or healthcare provider: _____ <i>(doctor's phone number)</i>
RED ZONE	<p>EMERGENCY</p> <p>Serious signs of infection may include:</p> <ul style="list-style-type: none"> • Some of the signs of infection in the Yellow Zone (above) with any of the following: <ul style="list-style-type: none"> ○ Temperature is above 100.5° by mouth ○ Vomiting or chills ○ Mental changes, sleepiness, or confusion 	<p>Act NOW!</p> <ul style="list-style-type: none"> • You need to be seen <u>right away!</u> • Actions: <ul style="list-style-type: none"> ○ Call your home health nurse: _____ <i>(agency's phone number)</i> ○ Or call your doctor: _____ <i>(doctor's phone number)</i> ○ Or call 911 or go to the Emergency Department.

References: [NIH](#), 2019; Hinkle, J.L. & Cheever, K.H., 2018; [CDC](#); n.d.

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