Wound Management ZONES

GREEN ZONE	**ALL CLEAR (GOAL)**
	• Wound is free of:
	  ○ Swelling
	  ○ Pain
	  ○ Odor
	• Skin around the wound is normal color or slightly red
	• Drainage is clear, light yellow, or pink
	• Temperature by mouth is 98.6° or lower
		Doing Great!
		• Your wound is healing well
		• Actions:
		  ○ Keep caring for wound as instructed
		  ○ Take medicines as ordered
		  ○ Keep all medical appointments
		  ○ Eat foods high in protein and vitamin C, unless contraindicated
		  ○ Drink plenty of fluids

YELLOW ZONE	**WARNING**
	If you have <u>any</u> of the following:
	• Wound has:
	  ○ Swelling
	  ○ Redness
	  ○ Slight odor
	  ○ Increased pain at wound site but not constant or severe
	• Drainage is yellow, green, or looks like "pus" and soaking through bandage
	• Temperature by mouth is between 98.7° and 100.4°
		Act Today! Call VNA
		• Call VNA Home Health:
		1800-862-3330
		• After discharge from home health services on __/__/___ call your doctor or healthcare provider: _____
		(doctor's phone number)

RED ZONE	**EMERGENCY** **If you have <u>any</u> of the following:** • Swelling around the wound 1/8 inch or higher than the wound • Wound pain is constant and severe • Skin around wound is bright red • Wound odor is strong and foul • Temperature by mouth is 100.5° or higher	**Act NOW!** • **Call 911 if this is an emergency.** Notify your home health clinician if you go to the emergency room or are hospitalized.

This is a modified version of a tool from HomePlus in Elkins, WV. References: Baranoski & Ayello, 2008*; Hinkle & Cheever,* 2018; *Sussman & Bates-Jensen,* 2010*; Wound Source,* 2016

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