

Healing Hearts: An 8 Week Spiritual Bereavement Group

WHEN:

Wednesdays at 11am-12:30pm
January 14th-March 4th, 2026

WHERE:

VNA Health Group
80 Main Street-2nd floor, West Orange, NJ

Losing someone we love changes us forever.

This group will explore grief through the lens of spirituality. Together we will honor our loved ones, share stories and together find meaning in healing.

This safe, healing space will delve into spiritual inquiry and inner transformation as we go from grief to meaning making. Inclusive of all faith traditions in a secular format.

For information and registration, please contact Sonia Illescas,
201-563-5558 or Betty Jampel, 201-396-6996